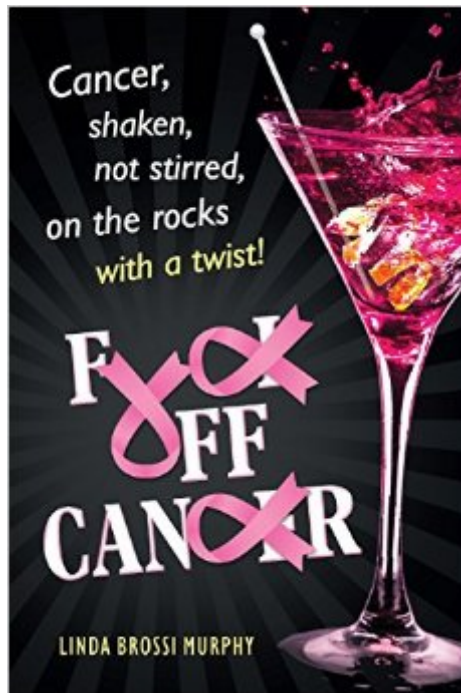


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# Fuck Off, Cancer: Breast Cancer Shaken Not Stirred



## Synopsis

THE BEST BOOK TO HELP YOU GET FROM HERE TO THEREÂ (it is not as long or scary as you think) FOR LITE TO MEDIUM BREAST CANCER!!! A gem for the patient or their support system! Will tell you what happens behind closed doors! A breast cancer bestseller!! Must read for all, because let's face it, the reason we say Fuck Off, Cancer is because it is everywhere and touches every life! Rated Number one on ! Honest! Raw! Warning: This book contains gross pictures and scary middle aged pornography (Don't say you haven't been warned!) You will laugh and cry as you learn what happens behind closed doors to your friends or family member with breast cancer. You may think that you are in the know about breast cancer but the truth will shock you! This is not just a book about breast cancer it is a book about life and how breast cancer treatments affect every aspect of it. A quick read with candid, straightforward insight to the real deal of breast cancer! A definite tool for any person wanting to support someone battling breast cancer or for the newly diagnosed patient to see "behind the curtain" In Fuck Off, Cancer: Cancer Shaken Not Stirred on the Rocks, you will learn that fear can be worse than reality when dealing with breast cancer... Read this book and you will realize that early stage (Lite or medium) breast cancer isn't as bad as you imagine it to be and that you can actually turn this scary diagnosis into a positive! Follow the author's journey In Fuck Off, Cancer: Cancer Shaken Not Stirred through HER2+ cancer treatments as she turns this deadly disease into a party at every turn. Watch as Linda makes the most of the situation as she weaves her way through various breast cancer treatments. The book covers the topics that are related to the journey of cancer including the occasionally tumultuous marital relations, questioning religion and why breast cancer happened to "me", how the loss of hair from cancer treatments affected her life, and how relationships with friends and family are altered by this potentially life threatening disease. This book, Fuck Off, Cancer: Cancer Shaken Not Stirred on the Rocks with a Twist, is a very raw, "nothing held back" memoir which lays the facts on the table and contains the pictures to prove it. So grab your libation of choice and sit down for a quick read about making cancer a party!! Book clubs have found this to be a great source for discussion for a myriad of hot topics. Whether you have breast cancer, had breast cancer, know someone with breast cancer or not this book is a great read! The last two pages of the book have discussion questions to get the conversation started! Reading this book will help you, your loved ones and friends realize that breast cancer caught early is usually very treatable and is just a diagnosis not a death sentence! So let's all say what we want to Fuck Off, Cancer and live life to the fullest! Don't let breast cancer slow you down! It is just a lump in the road. Warning: This book contains gross pictures and scary middle aged pornography

(Don't say you haven't been warned!) Linda's diagnosis was HER2+ Stage 1, Grade 2, ER/PR+ Breast Cancer (according to my husband because I never cared to actually follow along with the gory details) Treatment was 2 lumpectomies, AC, Taxol, Herceptin and a Pertuzumab study, 30 radiation, 3 wigs, lots of fun with family and friends This book, Fuck Off, Cancer: Cancer Shaken Not Stirred on the Rocks with a Twist has very little (actually no) medical jargon and may actually be inaccurate with regards to the medical information it provides... It is about the process of getting through breast cancer with blonde, brunette and redheaded wigs, chemo parties, and much, much more!

## Book Information

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## Customer Reviews

What an honest view of a very difficult journey dealing with Breast Cancer. A must read for anyone who knows anyone dealing with the day to day issues trying to manage this disease or any type of Cancer. The positive attitude that Linda Brossi Murphy had through her journey was amazing. It demonstrates how powerful the human spirit can be. Her courage was inspiring. Thank you for sharing your story. Your entire story. It was an uplifting story of a truly remarkable woman.

A thorough and interesting account of this remarkable author's diagnosis and treatment for aggressive breast cancer. Obviously, her personal style is to make lemonade (and a party) out of life's lemons, and she did just that all through her journey. Not everyone would have the same reaction to a life-threatening illness, but this worked for her, and could work for others, too. Amid the "party" atmosphere of this book, this author intuitively took many steps

that everyone with this diagnosis could and should consider using. Among them:

Proactivity—making a plan to handle the worst case scenario, in case it proves needed.

Choosing the treatment team and plan that seems most trust-worthy and comfortable. Advocating for oneself or finding an able advocate who can act on your behalf when necessary. And most importantly, seeking connection with family, friends, and professional caregivers who can actually support you physically and emotionally, regardless of where you are with your cancer on any given day. In addition the author writes frankly and openly about the effect of the treatment process on her physical and emotional being and the challenges it creates in her relationship with her husband and others. All in all, this very brave author presents her journey in an open and engaging (and at times very funny) way. A very worthy read. I give it 5 Stars!

Linda invites you on her very personal journey, facing the most frightening news CANCER! Her intimate and spirited response is full of humor and valuable insight into what to expect in the months of chemo, radiation, drug therapies, and other unexpected challenging life events. Even to the person who has never "been there" or "done that", this book empowers and inspires the reader to face their own personal life challenges with commitment and creativity. The author brings to all readers the importance of staying connected with friends, family, and the myriad of professional caregivers who become intimately involved with you as you pass through the world as a cancer patient. I would recommend this book not only to my family or friends who share the "cancer experience", but also to those who travel along side with care and support.

Can't wait to read this book! If I ever have the misfortune of a cancer diagnosis I can only hope to handle it with the grace and humor that Linda did. Of course there were good days and bad days, but Linda met cancer head on, gathered strength from her family and friends, and put cancer in its place. If you or someone you love is facing this challenge Linda's journey and positive attitude can help inspire a positive outcome.

Just finished this book and was so impressed! Linda's positive outlook is inspiring and her brutal honesty refreshing. This is a quick read for adults only, as you should assume, given the title. All our lives are touched by cancer, wonderful to read about the journey from the patient's perspective. Linda is not technical, she fully admits if you are looking for that, look elsewhere. What she brings is honesty, humor feistiness and love. Her love of her family and friends and life itself shine through. If you are a wife, mother, friend or woman, or know someone who is, you will find a way to relate to

this book. Well done!

From receiving the Big "C" diagnosis through radiation, chemo, losing her hair, and her usual privacy, the author discusses her journey through Breast Cancer. She faced Cancer head on, face-on (full make-up), in high heels, jewels on, chemo party on! The good, the bad, the ugly truth about Cancer and how you CAN get through with a little help from your friends!

I bought this book because I live in the same town as Linda and wanted to support her writing efforts. I knew Linda only a little from a distance but never knew that she had cancer. I am absolutely BLOWN AWAY by this remarkable book! She tells the honest, sometimes brutal truth in such a way that brings you along for the ride. Hold on tight -- it's a doozy!! With due credit to her wonderful husband, there is no sentimental glossing over the impact to their marriage. She doesn't consider herself brave and shares her doubts about faith and common perceptions of having cancer - with humor and great love for all who were with her on the journey. Knowing two people currently going through treatment for breast cancer, I learned so much about how to better support them. And I would recommend this book particularly for friends and family members of someone who is being treated for cancer. But it's truly remarkable and gets a strong recommendation because aren't we all touched by cancer in some way? Linda - well done! I'm rooting for you and wishing you Good Health in 2015!!!

Great documentary of Linda's optimistic journey through Breast Cancer and Treatment. I love her matter-of-factness, honesty, and optimism. She sure made the best of a really challenging situation. I expected vulgarity based off of the title, but I was pleasantly surprised that there was not. She sure made cancer treatment seem like a party, and I don't mean pity party. I hope to be as outward looking as she was if ever faced with such a life trial!

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